



A NOTE FROM RABBI VALERIE

I grew up in the 70's and 80's and was pretty oblivious to antisemitism. I was born in Cleveland, in an area which was so diverse that the Orthodox Jews in my neighborhood seemed more foreign to me than the black and brown kids I played with. When I moved to Jacksonville, Florida in the late 70's, I had a rude awakening about racism, but I was still pretty sheltered when it came to antisemitism. In High School, now in Merritt Island, Florida, with a very small Jewish population, there were one or two incidents that were handled quickly and appropriately. And my teenage and early college years were filled with the repudiation of the term "Jewish American Princess."

Most of my adult life outside of rabbinical school – and now living in Worcester – has been spent in small Southern towns. Obviously, I knew antisemitism existed and was growing, but it rarely touched me. One could debate whether the desire for fundamentalist Christians to convert Jews was "religious antisemitism." I experienced that a lot, but usually it didn't feel like it came from a place of hate or rejection; rather, it came from a place of love and concern, albeit misguided.

Everything changed in 2016. I don't believe that the number of people with antisemitic attitudes increased, but the number of active incidents increased. It seemed to me that people had been given permission to spew their hatred, that it had now become acceptable in certain arenas.

Everything changed again after October 7. I have no statistics or scholarship to prove what I'm about to assert, just experiential evidence. Now, unlike in 2016, it feels as if the increase in antisemitism is both in attitude and incidents. Around the country, we're seeing it play out on college campuses, we're feeling it in conversations with colleagues, some people who have engaged in social justice work for years are no longer welcomed in DEI spaces, and much more.

A congregant said to me recently that we had been experiencing a golden age for Jews when it came to communal acceptance and the superficial lack of antisemitism. Perhaps my generation and younger had never re-ally known what it felt like to be "others" as Jews. That, too, is changing. Obviously, not everyone in our world is antisemitic. We can never discount the number of people who reject this attitude and judge a person based on that person's heart, mind, soul, and actions.

It's still scary. What can we do? Vote. Show up. Speak up. Be visible – as Jews. Most of all, we have to support each other. Throughout the millennia that we have existed, the Jewish community looks to me like a dysfunctional family. We care about each other, but we still have divisions and arguments and sometimes even intolerance. It's time we gather together and support each other even more. I'm not suggesting we compromise our values, but rise above the differences instead.

"Kol Yisrael aravim zeh bazeh – Every Jew is responsible for one another." (Talmud)



PRESIDENT'S MESSAGE

I have now completed a year as president of the board. As is said, "Life happens as we are making plans." We have continued to offer programs throughout the year, despite the stumbling blocks placed before us with the unprecedented attack on Israel and the fallout from that which continues to attract our attention, as well as anticipated and unanticipated absences of our professional staff. With that, we have been able to continue to offer programs this year for our members such as religious services, affinity group programs, religious school, and educational programs which have enriched our community. We are looking to continue this momentum for the next year.

We intend to continue to develop creative and interesting programs to encourage contacts amongst our members. With successful music programs this year at Chanukah and Rabbi Valerie's 25/10 year anniversary, we look forward to utilizing Gitit Shoval's skills and abundant musical contacts to produce more programs during the year. She is actively recruiting enthusiastic volunteers to her chorus to enhance offerings through the year as well. The worship committee has been able to develop meaningful programs this year, with gratitude and healing services which have brought individuals into contact with our congregation, and we anticipate bringing in speakers for topical educational programs of interest to us through the work of the Lifelong Learning committee. Other committees have remained committed to synagogue life as well, with lower profile activities. The TES eNews is the relevant source for information, and we look forward to refining our methods to distribute information to our members and to the community at large. Just as the paper publicity world transitioned to a digital world, the digital world is evolving at a more rapid pace, and we look to compete and flourish in that space going forward.

As always, if you have any interests that would help TES to grow, or if you have any abilities which can assist us in accomplishing our mission, please contact myself at president@emanuelsinai.org or the office office@emanuelsinai.org and VOLUNTEER. Please be an active participant in the life of the congregation.

Best wishes for a safe summer.

B'shalom,
Gary Wolf



MUSIC NEWS

Throughout these past nine months, which were hard on all of us, each and every one in their own way, I have come to the understanding that music can support your soul and spirit throughout the most difficult of times. I felt it during services at our Temple, I felt it when I watched Israeli TV and saw people sing and pray through music, and I have felt it personally.

I have been singing professionally for 46 years and I have come to appreciate the power of music greatly. I was stunned by the fact that even after all these years, every hard day here for all of us, and in Israel, was accompanied by beautiful music which made for such comforting moments in a truly difficult time. Musicians came to support grieving families by performing their loved ones' favorite songs at their funerals or Shivas, helping to keep their memories alive. Moreover, Israel sent a beautiful and powerful song to the Eurovision Song Contest (the biggest song contest in the world), sung by a very talented young singer named Eden Golan. Eden represented Israel in the best way she possibly could, even while receiving countless death threats and being booed by the crowd, and reached the fifth place in the entire competition. (A link to the song, "Hurricane," can be found at the bottom of this article.)

I thank God every day that he gave me the gift of music, and that I can use this gift to comfort others. I want to wish you a great summer, and end with a prayer that all of us need now:

*Oseh shalom b'mromav
Hu ya'ase shalom aleinu v'al Kol Israel, v'al Kol yoshvei tevel, v'imru amen.*

Scan the QR code or use the link to listen to "Hurricane" by Eden Golan
<https://youtu.be/IJYn09tuPw4>

Always yours,
Gitit



JULY - AUGUST 2024 WORSHIP SERVICES

KORACH

Friday, July 5
Candle Lighting at 8:08pm
7:30pm Shabbat Service
Saturday, July 6
10:30am Torah Study
Numbers 16:1-18:32

CHUKAT

Friday, July 12
Candle Lighting at 8:05pm
7:30pm Shabbat Service
Saturday, July 13
10:30am Torah Study
Numbers 19:1-22:1

BALAK

Friday, July 19
Candle Lighting at 8:00pm
7:30pm Shabbat Service
Saturday, July 20
10:30am Torah Study
Numbers 22:2-25:9

PINCHAS

Friday, July 26
Candle Lighting at 7:54pm
7:30pm Shabbat Service
Saturday, July 27
10:30am Torah Study
Numbers 25:10-30:1

MATOT-MASEI

Friday, August 2
Candle Lighting at 7:46pm
7:30pm Shabbat Service
Saturday, August 3
10:30am Torah Study
Numbers 30:2-36:13

DEVARIM

Friday, August 9
Candle Lighting at 7:37pm
7:30pm Shabbat Service
Saturday, August 10
10:30am Torah Study
Deuteronomy 1:1-3:22

VAETCHANAN

Friday, August 16
Candle Lighting at 7:27pm
7:30pm Shabbat Service
Saturday, August 17
10:30am Torah Study
Deuteronomy 3:23-7:11

EIKEV

Friday, August 23
Candle Lighting at 7:17pm
7:30pm Shabbat Service
Saturday, August 24
10:30am Torah Study
Deuteronomy 7:12-11:25

RE'EH

Friday, August 30
Candle Lighting at 7:05pm
7:30pm Shabbat Service
Saturday, August 31
10:30am Torah Study
Deuteronomy 11:26-16:17

All WORSHIP SERVICES are held in person and livestreamed (emanuelsinai.org)

TORAH STUDY meets in person and via Zoom.

MINYAN is held every Monday at 5:45pm (except when the office is closed) only via Zoom and Livestream
Login information can be found in eNews.

CLERGY & STAFF CONTACT INFORMATION

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Steve Contois, Caretaker

Temple Main Phone Line
508-755-1257



RELIGIOUS SCHOOL AND YOUTH NEWS

Shalom from our Religious School!

What a great year we have had at the Religious School! We are excited to share some of these accomplishments and look forward to the opportunities that the next academic year will bring.



Hebrew Language - Our students have made remarkable strides in their Hebrew language skills. From mastering the Aleph-Bet in the lower grades, to reading Hebrew prayers, our structured curriculum has fostered a deep connection with the language of our ancestors.

Holidays - Celebrating Jewish holidays together has been a cornerstone of our school year, providing students with a hands-on understanding of our traditions. Highlights included our Rosh Hashanah festival, schoolwide Hanukkah celebration, a joyous Purim Spiel led by our grades 4/5 students, a Purim carnival and a chocolate Seder! Each event was accompanied by lessons on the historical and spiritual significance of the holidays, enriching our students' cultural and religious identities.

Social Justice - Our students participated in several social justice projects this year. We participated in the winter collection through Worcester Public Schools, collected food for Rachel's Table, and prepared and delivered Passover food baskets to our elderly members for Passover. These projects not only helped those in need but also empowered our students to live out their values in meaningful ways.

Community Engagement - Our grades 4/5 students continued the partnership with the Eisenberg Assisted Living facility, visiting and spending time with the residents every other Wednesday. Our students in the upper grades participated in (and won!!) the community wide Yom HaShoah contest that was organized by the JFCM.

Family Education - This year we had several Family Education programs. These programs were a great opportunity for our students and parents to learn together in a fun and engaging way.

As we close this year, we are grateful for the support of our Temple community, which has been integral to our successes. We look forward to another enriching year at our Religious School, where we will continue to nurture the hearts and minds of our future Jewish leaders.

Wishing you a good, safe summer!
Talia

SOCIAL ACTION

A big THANK YOU from the Walk for the Homeless and the Social Action Committee!

Our Temple Emanuel Sinai team met its ambitious goal of \$1800 for this year's 39th Walk for the Homeless and received an enthusiastic thank you at the end of May, saying, "Your donations help more families stay in their homes." Our Social Action Committee, who fielded our team, sends a big thank you to all who donated and walked; the TES team received support from both inside and outside our congregation. Overall, while the Walk did not meet its \$90,000 goal, it raised over \$69,500 from thousands of individuals and companies. This year's Walk funded some of Central Mass Housing Alliance's core programs, keeping people at risk for homelessness informed of their rights, helping individuals and families to maintain or return to stable housing, and providing some direct service to families and individuals who have become homeless. Walk day, May 19, was a beautiful day and the enthusiasm of the crowd was palpable. Our small but mighty walking team carried our sign saying "Praying with our legs!" joining thousands of other supporters in making a difference here in Worcester.



Tisha B'Av Service - Monday, August 12, 7:00pm

A Meditative and Musical Service with Rabbi Valerie and Gitit Shoval: From Brokenness to Healing

Outside on TES Back Patio (Weather Permitting)



Tisha B'Av is a holy day that does more than commemorate the destruction of the Temple and persecution of our history; it is a reminder that although the world has been broken, we can and will emerge whole. Although we grieve, together we can heal and find meaning for the future.

Emerging from a broken world - this is the message of the past and the present.

Finding meaning out of loss - this is a message of the future.

Join Rabbi Valerie and TES Cantorial Soloist Gitit Shoval on the TES back patio for a meditative and musical service surrounded by nature. With liturgy and the whispers of our own hearts, we will wind our way through our past and through our brokenness toward wholeness and healing.

LIFELONG LEARNING - TES SUMMER INSTITUTE IS BACK!

Friday Evenings During Shabbat Services

Our 2024 theme is "It Takes a Village: Congregants Who Take Care of Others." Join us to meet some of the many caring professionals in our community and learn more about the work they do. Stay tuned to your eNews for additional details about upcoming dates, speakers, and topics.

July 12

Dr. Nancy Berley, MD, Associate Director of Tembo Health
Topic: Caring for Seniors

July 19

Dr. Stacy N. Weisberg, MD, MPH, Professor of Emergency Medicine,
UMass Chan Medical School, UMass Memorial Medical Center
Topic: My Daughter the Doctor

July 26

Talya Wolf, PhD Candidate, Sociology, CUNY Graduate Center
Topic: Understanding Childcare as a Social Responsibility

August 2

Bruce Wahle, Licensed Funeral Director and Embalmer
Topic: A Sacred Undertaking

August 9

Dr. Evan Graber, Ph.D. and Dr. Cindy Graber Ph.D.
Topic: Healing What You Cannot See

August 16

Dr. Margot R. Barnet, DC
Topic: Chiropractic Medicine - Taking Care of The Whole Person

August 23

Germán Chiriboga, Program Director, Health Equity and Storytelling Research,
UMass Chan Medical School
Topic: The Importance of Telling a Story



High Holy Days 5785

HONORS REQUEST

We want as many congregants as possible to be involved in leading our community in these holy and meaningful days. If you would like to be involved in any of the services, there is a place for you:



- Opening the Ark
- Carrying the Torah
- Candle lighting
- Reading an English passage or poem
- Lighting a candle in memory of a loved one at Yizkor

To volunteer, scan the QR code or go to:
templemanuelsinai.shulcloud.com/form/HHDhonors24



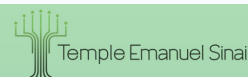
Book of Remembrance

5785

*"May their souls be bound up
in the bond of eternal life"*

As we turn our minds to the High Holy Days, we remember those who are no longer among us. This year we will once again offer the mitzvah of placing the names of loved ones who have passed away into our Memorial Book, which will be distributed at the afternoon Yizkor (Memorial) service on Yom Kippur.

Mail-in forms will be sent out soon, and will also be available for download on our website on the "High Holy Days" page.



Yizkor/Memorial Video

Yom Kippur 5785

This year we will continue our tradition of displaying our Book of Remembrance on a video screen before the Yizkor Service, along with pictures of loved ones that our congregants have submitted.

In order to make the video most meaningful, we invite you to submit photos of those you are remembering.

To upload a photo use the QR code or go to
<https://templemanuelsinai.shulcloud.com/form/hhd-yizkor-photos.html>

**Please submit your names and pictures by
September 4, 2024**



Selichot Service

**Saturday, September 28
7:30pm**

Creative Program & Musical, Meditative Service

Enter the High Holy Day Experience with a gentle invitation through the music of the season.

Music touches our souls in unique ways, softly sparks memories of past holidays, stirs our emotions, and inspires us to respond to those emotions. Selichot, its liturgy and the music, prepares us for the High Holy Days.

We'll begin the evening with an interactive, creative program.

High Holy Day Schedule 5785

ALL SERVICES WILL BE IN PERSON AND ONLINE



SELICHOT

Saturday, September 28
7:30pm



SHABBAT SHUVA

Friday, October 4
7:30pm



SUKKOT

Begins Wednesday,
October 16
Service Friday, October 18
7:30pm



SIMCHAT TORAH

Wednesday, October 23
7:30pm



ROSH HASHANA

Erev Rosh Hashana: Wednesday, October 2, 7:30pm
(followed by a celebratory Oneg)

Rosh Hashana Family Service

Thursday, October 3, 9:00am
(for families with children 4th grade and younger)

Rosh Hashana Main Service

Thursday, October 3, 11:00am

Rosh Hashana 2nd Day Service

Friday, October 4, 11:00am

Tashlich: Friday, October 4

(immediately following services at TES pond - meet in front of building)



YOM KIPPUR

Kol Nidre: Friday, October 11, 7:30pm

Yom Kippur Day: Saturday, October 12

Yom Kippur Family Service: 9:00am
(for families with children 4th grade and younger)

Yom Kippur Main Service: 11:00am

Healing Service: Estimated start 1:00pm
(begins immediately following Main Service)

Study Sessions, topics TBA, 2:00pm

Afternoon Service: 3:30pm

Memorial Video 5:00pm

Yizkor/Memorial Service: 5:15pm

Ne'ilah/Concluding Service: 6:00pm
(followed by break the fast gathering)

SHABBAT HONORS

We are grateful to our community members who help us make a beautiful Shabbat by lighting candles, reciting kiddush, reading Torah, and sponsoring Oneg. There are still plenty of opportunities to volunteer for Shabbat honors in July and August. If you are interested, please contact the temple office at 508-755-1257 or office@emanuelsinai.org.

AFFINITY GROUP SPOTLIGHT

Temple Emanuel Sinai's affinity groups are essential parts of the TES community, and they have been meeting, connecting, schmoozing, and bonding with one another for years. If you are interested in joining one – or several – affinity groups, please reach out using the contact information listed, or by calling or emailing the temple office.



Hiking on Wednesday mornings continues, regardless of rain, snow, or cold. Our May shabbat afternoon hike was a big success! Thank you to all those who came out to join us. Interested in joining us next time? Contact Patti 508-612-0540.



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Sundays, 10am-noon | Doors open at 9:45am for set-up

Next Meetings: July 28 & August 25

✨ Bonus: Each session begins with a 15-minute demonstration led by participants ✨

in-person only

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with interest and tell us what
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Lurier Scholarship Fund

Suzanne & Herbert Feldman in memory of Charles Freedman

Suzanne & Herbert Feldman in memory of Bertha Feldman

Suzanne & Herbert Feldman in memory of Dorothy Robbins

Lurier & Gordon Families in memory of Ida K. Feingold

Lurier Family in memory of Miriam Lurier

Manuel G. Berman Scholarship Fund

Davida & Joel Berman in honor of the Berman Family's new grandchild

Davida & Joel Berman in memory of Frances Berman

Building Fund

Allison Levy in memory of Sydney Levy

Camp Scholarship Fund

Lee & Chuck Radlo in memory of Jack Warren Daniels

Caring Committee Fund

Marcy & Matthew Ostrow and Family

Anne & Jonathan Sadick in memory of Edith Ducharme

Yael Savage in memory of Roberta Pliner

Shelley Silverman Rolf in memory of Eileen Jacobson Silverman

Floral Fund

Davida & Joel Berman wishing good health to Barcy Proctor

General Fund

Ivy & Ed Beaudreau in memory of Jason Beaudreau

Ruth Berman & family in memory of Ruth Chafetz

Tobey & Louis Burwick in memory of Lilyan Burwick

Cynthia & Dennis Cohen in memory of Else Moses Resnick

Debbie & Steven Feingold in memory of Abram Turow, Sydney Levy, Selma Levy and Jacob Levy

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Joseph Persky in memory of Burton Orland

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Cathy & Ron Rosenstock in memory of Eva Rosenstock

Silver Family in memory of Alexander Silver

Garie & Howie Stein in memory of Ethel and Archie Morganstern

Karen & Steven White and Family in memory of Theodore White

High Holy Day Appeal

Gerald Finkle

Sharon & David Seifer

Sandy Sotak

Lindsay & Saul Wilk

Lifelong Learning Fund

Susan Connolly in memory of Milton Michaelson

Ma'ot Chitim Fund

Ellen, Bruce & Danny Wahle in memory of Rita (Brandstein) Wahle

Marc Levine Youth Fund

Faye Levine in memory of Abraham Levine

Music Fund

Harriette Chandler in honor of the birth of Gitit Shoval's grandson

Martha Grace in memory of Natalie Warshawer

Anne & Jonathan Sadick in honor of Gitit Shoval's son's wedding and the birth of her grandson, Lenny

Sandra Meltzer in memory of Louis and Ruth Savage

Judy & Allan Shriber in memory of Natalie Warshawer and in honor of Gitit Shoval's son's wedding

Prayerbook Fund

Harriette Chandler in memory of Roberta Pliner

President's Fund

Paula & Dennis Selvitella in memory of Robert Kapitulik, Madeline Demers & Lorraine Girard

Rabbi's Fund

Davida & Joel Berman in memory of Burton Chandler

Harriette Chandler in honor of Rabbi Valerie Cohen's 25 years of service

Lori-Ann Cutler in honor of Rabbi Valerie Cohen's 25 years of service as a congregational Rabbi

Helene & Lawrence Freed in memory of Ruth Kaufman Perler

Shirley Kane Trust

Elisabeth & Darragh Kasakoff in honor of Rabbi Valerie Cohen's 25 years of service

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Shelley & Todd Rodman in honor of Rabbi Valerie Cohen's anniversary and PhD
Shirley Siff in memory of David Sadick and Roberta Pliner
Lynne & Steven Silver in memory of Sara Silver

Stanton Walter Willins Fund

Robert Joseph in memory of Edna Joseph
Terry Willins in memory of Florence Blatt

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Karen & Michael Kagan in memory of Everett Kagan

Religious School Fund

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Debbie & Irwin Thomashow in memory of George Thomashow

Shelanu Campaign Fund

Debbie & Irwin Thomashow in memory of Morris Cohen

Social Action Fund

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Diana Robles
Yael Savage in memory of Eric Hess





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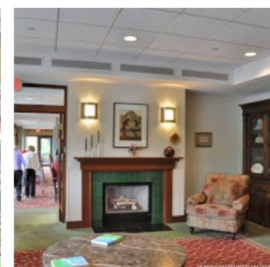
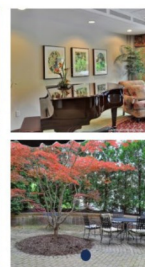
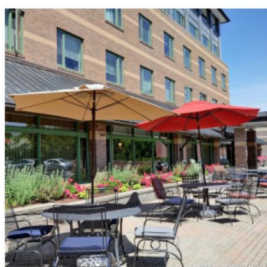
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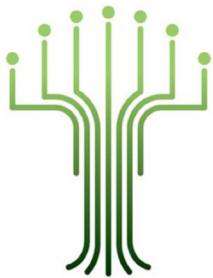


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